

CITY SUBURBAN NEWS

PHILADELPHIA & THE MAIN LINE'S FAVORITE WEEKLY

FREE

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February 23 – March 1, 2011

SENIOR SERVICES

MARTINS RUN RESIDENTS CELEBRATE VALENTINE'S DAY

There were plenty of fish in the sea this Valentine's Day for residents at Martins Run Senior Living Community. On Monday, February 14, residents made a splash at the "Sweetheart" themed evening pool party at the Media-based campus. Whether accompanied by a sweetheart or dear friend, residents and their guests waded in the crimson tide of the indoor, heated swimming pool, located in the senior living community's new Energy Club.

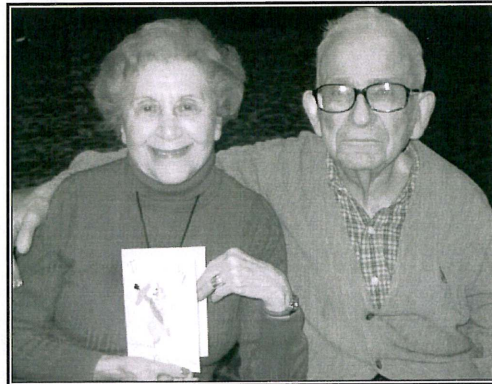
When dusk hit the pool deck, residents and their guests showed off their competitive side during a variety of pool activities including water basketball, relay races and trivia. They indulged in a selection of holiday-themed snacks, including a Valentine's cake, red punch and other sweet treats. To finish off the evening, the Energy Club staff held a wild swimsuit contest.

"We wanted to add a twist to the typical Valentine's Day festivities at Martins Run, while being sure not to exclude anyone from the celebration," said Linda Beaver, fitness coordinator at Martins Run. "Considering how popular the indoor pool is among amenities in the senior living community, we thought it would serve as a perfect venue for a festive evening celebration."

Prior to the pool party, the senior living community hosted additional activities throughout the day. Residents enjoyed light refreshments in the living room, and tables were



Celebrating Valentine's Day at Martins Run Senior Living Community are, from left – Ruth Mirsky, Lillian Friedenreich, Natalie Gray, Butch Grossman (back), Ethel Hamburger (back), Catherine Magnotta, and Miriam Lieblein. Residents had the opportunity to make valentines for their friends and families.



Sylvia and Sydney Abbott exchange Valentine's Day cards.



Harold Weiss plants a kiss on his wife Nettie.

set up for them to make Valentines crafts. Passersby got a true sense of community love with a glance at the "sweethearts collage" on display in the living room's giant glass case. Filled with pictures of residents' wedding and prom shots, as well as photos of their children and grandchildren, the display is a sweet reminder of the residents' milestone events.

Joining in the spirited nature of the holiday, a group of women and their children from Radnor dropped off Valentine's Day cards and candy, that were delivered to residents in the Pines, Martins Run's assisted living unit.

For info about Martins Run, contact Lorraine Dellafranco

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