



Martins Run Board of Trustees Elects Long-Time Member Lenore H. Forsted as New Board Chair

MEDIA, Pa. – On July 12, 2010, [Martins Run](#), a senior living community located in Media, Pa., announced changes to its board of trustees for 2010-2011, including the appointment of long-time Martins Run board member Lenore H. Forsted as chair of the board. In addition, Roger E. Stumacher, M.D., will join the board and will represent the interests of all residents of Martins Run. He brings with him a strong background in the fields of business and healthcare.

“The Martins Run board of trustees plays a pivotal role in ensuring that the community continues to grow and change for the future,” said Linda Sterthous, CEO of Martins Run. “The addition of our newly elected board chair and new trustee will strengthen our board and will help us to achieve our goal of remaining a leader in retirement living.”

Lenore Forsted is a long-time community leader. As a lawyer, teacher, library volunteer of the year, board member at Temple Beth Hillel/Beth El and member of the Montgomery County Council on Adults and Aging, she demonstrates enthusiasm in and dedication to everything she does, whether in her professional or volunteer capacity.

“Lenore exudes the defining qualities of a well-rounded individual; qualities that make her well-suited to serve as chair of the board,” said Sterthous.

Roger E. Stumacher is partner at Silver, Nansteel and Morris Associates in Wynnewood, Pa., in the adult and geriatric general internal medicine practice. He is an attending physician at Beaumont at Bryn Mawr, the Department of Medicine at Lankenau Hospital and Saunders House. He is a member of the American College of Physicians. Graduating Magna Cum Laude, Stumacher earned a bachelor of arts degree in anthropology from the University of Pennsylvania.

Elected by her peers on the Martins Run board, Forsted will serve a one-year term on the board, with the opportunity to be reelected for two additional terms. Forsted has gained extensive experience serving on the board joining in 1997, and she has held many other leadership roles in the past. “Our new board chair is exceptionally accomplished and we are sure that her drive and dedication will make her a tremendous asset to the community and to her fellow board members,” said Sterthous.

For more information about Martins Run, contact [Lorraine DellaFranco](#) at 610-353-7660, ext. 226.

About Martins Run

Martins Run is a not-for-profit, senior living community located in Marple Township, Delaware County, a suburb of Philadelphia. Founded on Jewish values and traditions in 1980, the premier retirement community provides a warm and fulfilling lifestyle for people of all races, religions and backgrounds. Martins Run is dedicated to offering residents a wide variety of recreational and lifelong learning opportunities, including Martins Run University, a series of on-site lectures designed to inspire seniors to embrace continued education. Established in 1980, Martins Run is a proud participant in AAHSA Quality First, a philosophy of quality and a framework for earning public trust in aging services.