



The Woman Behind Martins Run Race to Defeat Dementia

August 23, 2010

[Martins Run](#) is hosting a 5K (Martins RUN Intergenerational 5K to Defeat Dementia) on Oct. 3, 2010, at 9 a.m. at Ridley Creek State Park to raise money for a dementia unit on their campus. Many staff and residents at Martins Run have tossed around the idea of building a dementia wing to provide supportive living space for dementia residents and support for their family, but they don't have enough funding for it at this point. One resident, Mrs. Hamburger, decided to make it her goal to see that it gets built and has single-handedly been organizing this event.

Mrs. Hamburger has been a resident of Martins Run since 2007, and from the day she walked in has constantly volunteered her efforts to help others and make them feel special. In the fall of 2009, she began brainstorming and decided to organize a run to raise money to build the dementia unit. To date, she has received \$1,635 in donations from friends and family alone. She has contacted every school district in Delaware County, 19 private schools and local colleges and universities. She's also reached out to synagogues and churches in the area and plans to appeal to the local businesses.

She's had a few people helping her, but for the most part she has organized this race entirely on her own. Several years ago she also spearheaded the creation of a community library in Arkansaw, W.Va., where her efforts led to the donation of more than 12,000 books to the new library as well a summer reading program for the children.